

Hot Menu Calendar for Lehigh County Senior Centers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MENU MEAL CALENDAR MARCH, 2024 				1
				LENT FRIDAY Cheese Lasagna Rollup w/Sauce Buttered Carrots Buttered Cauliflower WW Dinner Roll Oatmeal Cookie
4	5	6	7	8
Roast Pork w/Gravy Sweet Potato Cubes Brussels Sprouts WW Dinner Roll Pound Cake	Breaded Chicken Sandwich Broccoli Ranch Dip Beef & Pepper Soup WW Sandwich Roll Chocolate Pudding	Swiss Steak Mashed Potatoes Beets WW Dinner Roll Chocolate Chip Cookie	Chicken Piccata Carrots Buttered Rotini WW Roll Fresh Fruit Salad	LENT FRIDAY Cheese Ravioli w/Sauce Buttered Winter Veg Blend WW Dinner Roll Mandarin Oranges
11	12	13	14	15
Broccoli & Cheese Stuffed Chicken Wax Beans Buttered Brown Rice Diced Mango & Sugar Cookie	Hot Dog & Sauerkraut Buttered Cauliflower WW Hot Dog Roll Greek Yogurt & Peaches	Eggplant Rollatini w/ Mozz Cheese Scalloped Potatoes Broccoli w/Red Peppers WW Dinner Roll Blushing Pears	SPECIAL MEAL Baked Ham Steamed Cabbage Red Potatoes WW Bread Melon Medley	LENT FRIDAY Breaded Fish Sandwich Side Salad Lentil Soup WW Sandwich Roll Fresh Clementine
18	19	20	21	22
Breaded Chicken Fritters Broccoli WG Macaroni & Cheese Fresh Melon	Stuffed Cabbage Roll Mashed Potatoes Green Beans WW Dinner Roll Greek Yogurt	Chicken Alfredo Normandy Veg. Blend Buttered WG Penne Apple Slices & Choc. Muffin	Cheeseburger Sweet Potato Fries French Onion Soup WW Sandwich Roll Fresh Orange	LENT FRIDAY Cheese Omelet w/Peppers & Onions Breakfast Potatoes WG Biscuit Fresh Fruit Salad
25	26	27	28	29
Spaghetti & Meatballs w/Sauce Broccoli Side Salad WW Spaghetti w/Sauce Jello	Pulled Pork Sandwich Coleslaw Chuckwagon Corn WW Sandwich Roll Fresh Melon	Orange Chicken Stir Fry Vegetable Blend Veg. Fried Rice WW Roll Diced Pineapple	Meatloaf w/Gravy Mashed Potatoes Buttered Veg. Blend WW Dinner Roll Tropical Fruit	GOOD FRIDAY HOLIDAY CLOSED

Please place your order by 10am the day before.

Lite Fare Menu Calendar for Lehigh County Senior Centers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITE FARE MEAL CALENDAR MARCH, 2024 				1
				Ham Salad Sandwich Four Bean Salad WW Sandwich Roll Fresh Orange
4	5	6	7	8
Turkey Ham & Cheddar Sandwich Diced Beets Whole Wheat Bread Fresh Pear	Roast Beef & Cheddar Sandwich Broccoli Slaw WW Bread Pineapple	Italian Salad Salad Vegetables WW Dinner Roll Tropical Fruit	Chef Salad w/ Ham Salad Vegetables WW Dinner Roll Fresh Orange	BBQ Chicken & Cheese Sandwich Baby Carrots w/ Ranch WW Sand. Roll Fresh Orange
11	12	13	14	15
Roast Beef Club Sandwich Four Bean Salad WW Club Roll Tropical Fruit	Ham and Swiss Sandwich Potato Salad WW Bread Pineapple	Chicken Caesar Salad Salad Vegetables WW Dinner Roll Strawberry Banana Applesauce	Cuban Pork & Cheese Sandwich Broccoli Slaw WW Sandwich Roll Fresh Pear	Spring Mix Salad with Chicken Salad Vegetables WW Dinner Roll Fresh Orange
18	19	20	21	22
Turkey and Provolone Sandwich Potato Salad WW Sand. Roll Mandarin Oranges	Chicken and Swiss Sandwich Cucumbers w/Ranch WW Sand. Roll Fresh Pear	Pesto Chicken Salad Salad Vegetables WW Dinner Roll Pineapple	Turkey and Cheddar Sandwich Broccoli Slaw WW Sand. Bread Fresh Pear	Ham Salad Sandwich Four Bean Salad WW Sandwich Roll Fresh Orange
25	26	27	28	29
Turkey Ham & Cheddar Sandwich Diced Beets W. Wheat Bread Fresh Pear	Roast Beef & Cheddar Sandwich Broccoli Slaw WW Bread Pineapple	Italian Salad Salad Vegetables WW Dinner Roll Tropical Fruit	Chef Salad w/ Ham Salad Vegetables WW Dinner Roll Fresh Orange	GOOD FRIDAY HOLIDAY CLOSED

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